**22, 23 & 25 Jan 2024**

**- EARLY BIRD: $800**

**(BY 7 Dec 2023)**

**- REGULAR: $850**

**(CLOSING DATE BY**

**8 Jan 2024)**

**VENUE: TBC**

**TARGET PARTICIPANTS**:

The training is for those

who work in a variety of



22, 23 & 25 Jan 2024

settings. It is designed to

BASIC INTENSIVE TRAINING IN

CHOICE THEORY & REALITY THERAPY

provide basic

understanding of Choice

Theory © and Reality

Therapy. The participant

will not only gain a

theoretical understanding

of the concepts but also

experience their

application in practice.

The 3-day Basic Intensive Training is a skill and knowledge building workshop. It covers discussion of the concepts of Choice Theory and Reality Therapy; as well as the counselling environment, procedures, and applications in school, workplace and at home. Instruction takes a variety of forms, including role-plays, lectures, videos, and discussion.

(VWOS)-CHARITIES

CAPABILITY FUND (VCF)

VWO applicants may apply on-line for VCF Local Training Grant at least 1 month before commencement of training!

Participants will be supervised in small groups and will receive feedback. They will learn practical skills

immediately applicable in relating with their clients, students, children, and colleagues. By participating

in this three-day introductory course, you will obtain a working knowledge of Dr. William Glasser’s ideas

and learn how to apply Reality Therapy, Choice Theory and Lead-Management to your professional and

personal life. At the end of this workshop, participants will be awarded a Certificate of Basic Intensive

Training from the William Glasser International.

This workshop is the first step in the Choice Theory/Reality Therapy Certification programme: a process

whereby the “The William Glasser International” recognises a person qualified to practice Reality

Therapy.

Evelyn is a principal counsellor and counselling psychotherapist in private practice. She is also a registered counsellor and registered clinical supervisor of the Singapore Association for Counselling (SAC), Professional member of the American Counselling Association (ACA), registered Social Service Practitioner with Singapore Association of Social Workers (SASW), and a Senior Faculty member of William Glasser Institute (Singapore) and William Glasser International.

She provides consulting, counselling, therapy, training, and supervision work with Social Service Agencies (SSAs) / Family Service Centres (FSCs) and Education Institute. With close to two decades of counselling, coaching and therapy experience and her extensive supervision and training experiences, she is also an external lecturer and clinical supervisor with Swinburne University of Technology as well as a clinical supervisor with Monash University, TCA College, College of Allied Educators Pte Ltd and James Cook University.

**Evelyn R. Koh**



**Senior Instructor**

In her role as Adult Educator with Social Service Institute (SSI), she consulted and developed program, as well as provided training to professional counsellors and social workers in supporting and working with clients facing loss and grief issues. With the Health Promotion Board (HPB), she consulted and developed Peer Support Program for youths in 2011 and had since provided numerous trainings to youth leaders from NTU, SIM, ITE, Polytechnics and several MOE secondary schools. She takes great joy in facilitating others in their process of achieving personal and professional growth.



**For more information on our**

**courses, please contact:**

***In conjunction with***

**enquiry@in-focus.com.sg**

BASIC INTENSIVE TRAINING in choice theory & reality therapy

**on** 22-Jan-24**,** 23-Jan-24 **&** 25-Jan-24

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| --- | --- |
| Formal Full Name: Click or tap here to enter text. | Mailing Address: Click or tap here to enter text. |
| Organisation: Click or tap here to enter text.  | Occupation: Click or tap here to enter text.  |
| Mobile Phone:Click or tap here to enter text.  | Email: Click or tap here to enter text. |

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| **Fees Type (Please indicate 1)**  |  |
| **☐**  | **Early Bird Rate $800** |  Closing Date: 7-Dec-23 |
| **☐**  | **Regular Fees $850** |  Closing Date: 8-Jan-24 |

**Registration is on a first come first serve basis. Registration will be closed once maximum capacity reached.**

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| **Payment Method (Please Indicate 1)** Note that registration can only be confirmed upon receipt of payment |
| ☐  | **Cheque** *Payable to* ***In Focus Counseling & Therapy Services****. Mail completed registration form and cheque to In Focus Counseling & Therapy Services, No. 150 Orchard Road #08-06 SINGAPORE 238841* |
| **Amount:** Click or tap here to enter text. | **Cheque No.** Click or tap here to enter text. | **Date of Cheque:** Click or tap to enter a date. |
| ☐  | **Paynow UEN No. 53035317B***Indicate your name under reference during payment and email your completed registration form together with the above details to* *enquiry@in-focus.com.sg* |
| **Amount:** Click or tap here to enter text. | **Date of Payment** Click or tap to enter a date. |
| ☐ | **Bank Transfer to In Focus Counseling & Therapy Services****Bank Details: UOB Novena Square Branch Code No. 016. Bank A/C No: 339 305 0304***Indicate your name when making the bank transfer for us to trace the payment* |
| **Amount:** Click or tap here to enter text. | **Date of Transfer:** Click or tap to enter a date. |
| ☐ | **Invoice / E-Invoice** | **Organisation Name :** Click or tap here to enter text. |
| **Amount:**Click or tap here to enter text. | **Address:**Click or tap here to enter text. |
| **Email:**Click or tap here to enter text. | **Attention to:** Click or tap here to enter text. |

**Cancellation/Withdrawal/Amendment policy:** No refunds will be made for withdrawals after the closing date. There will be 50% refund for withdrawals made provided that In Focus Counseling & Therapy Services, being the organiser, receives written notice before closing date. The organiser(s) reserve the right to make changes, divide class, refuse entry or cancel the workshop as a result of unforeseen circumstances.

**Data Protection Notice:** The personal data provided above is collected and used for the purpose of training registration, administration and to keep participants updated of training and related events and share information on mental and emotional health. Personal data may be disclosed to unaffiliated third parties including our service providers, partners and agents, locally or overseas, for the purpose of providing the services requested by you and related training administration matters; or to relevant authorities for compliance with applicable laws. Further, you understand and consent that the information provided above will be disclosed to William Glasser Institute/International for purpose of their record on training completed. Upon request, you may access, correct or withdraw consent with reasonable notice. Withdrawal of consent may limit our ability to provide our services to you and does not limit our obligations where disclosure without consent is permissible under applicable laws and the Personal Data Protection Act. If you are submitting the registration on someone else’s behalf, you hereby declare that you have obtained consent from the named individual in this application, for the collection, use and disclosure of his/her personal data for the above stated purposes.

I understand and consent to the above.

Signature : \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: Click or tap to enter a date.