



IN FOCUS SUBSIDIZED COUNSELING SERVICES PROGRAM (IFSP)

On 15 July 2019, In Focus Counseling & Therapy Services launch its IFSP for those who are deterred with the regular rate for counseling and therapy. We understand that sometimes it is hard to make ends meet and seeking counseling and therapy would not be the priority in the midst of everyday expenses.

Our IFSP will provide counseling services at a low fee of \$20.00 per session conducted by our Master's degree counselor-in-training. This will include periodical workshops or support and growth groups for our clients. This program will enables clients to access counseling and therapy services at a more affordable rate in the face of life's challenges. It is our way of contributing to society, promoting mental health care as an essential part of our health. Our counselor-in-training will be well supported with supervision by our experienced principal counselor and psychotherapist. More importantly, it is our way of contributing to the profession by having a platform for training interns to be competent and qualified counselors.

How to qualify for IFSP?

For more information, email us with your contact number, provide us with some basic information on your issues and indicate your request for IFSP in your email to us. We operate Mon-Fri, 9am-6pm. Our estimated response time is within 48 hours during weekdays, exclude weekends. Email us at: enquiry@in-focus.com.sg

